

## Healthy Kids One-A-Day Program

# LOSE WEIGHT NOW!

**INDIAN LAKE MEDICAL**  
*Weight Loss & Wellness*

*look good* *feel good*

615-822-9002

## Healthy Kids One-A-Day Program



### Pre-Packaged Program For All Ages

Healthy Kids One-A-Day Program weekly packets represent a synergistic blend of nutrients, vitamins, minerals and amino acids. These packets are designed to aid in correcting metabolic faults which are typical of obesity. The formula reduces hunger and food cravings by improving the metabolism of carbohydrates and fats to increase feelings of energy and well-being.

Pre-packaged daily doses make patient compliance easy to achieve. This program is specially designed to meet adolescent weight management needs.

---

## All Day Appetite Support

The Healthy Kids One-A-Day Program packets supply nutrients to help improve metabolic response. Chromium has been included to improve insulin response. Vitamin C, pantothenic acid, vitamin B6, and L-phenylalanine are included to provide the nutritional substrates for thyroid and adrenal hormones. L-phenylalanine also serves as an appetite suppressant and serotonin enhancer. Bulking and energizing ingredients are included to speed up sluggish metabolisms, elevate mood and create the feeling of satiety at meals.

### Each daily packet contains:

**Probese™** - a weight loss aid that contains vitamins, minerals and a bulking agent to create a feeling of fullness and help curb the appetite.

**DIUCAPS™ - L-Phenylalanine** is an essential amino acid that turns into a neurotransmitter between the nerve cells and the brain. These neurotransmitters enhance mood, alertness and mental focus as well as reduce appetite.

**Chromemate™** - the most absorbable form of chromium available. An essential trace mineral that helps to reduce sugar cravings. Promotes normal insulin function and regulates blood sugar levels.

**Stress 28™ Vitamins and Minerals Tablets** - a daily supplement rich in vitamins and minerals for the maintenance of energy and the preservation of good health. This combination is excellent for providing essential nutrients needed during weight loss.

**Pharmaceutical Grade and Therapeutically Dosed**

---

## Helps Maintain A Healthy Weight And Balanced Metabolism

### Benefits and Features:

- Easy, pre-packaged daily dose
- No school nurse supervision
- All natural
- Supports healthy weight goals
- Supports healthy metabolism along with a balanced lifestyle
- Safe for long term use



---

## DIUCAPS for Kids - Effective and Safe

---

### **Natural Alternative to Phentermine** *Pharmaceutical Grade L-Phenylalanine*

- ✓ **100% All Natural, Safe and Effective**
  - ✓ **Non Addicting**
  - ✓ **Non-Stimulant - Non Controlled**
  - ✓ **Can Be Used With Phentermine**
  - ✓ **Does Not Deplete Norepinephrine Levels**
  - ✓ **Clinically Proven**
-

## Clinical Studies Demonstrate Appetite Suppressant Effects

### Study Summary:

“The subjects were six healthy, not overweight adults (four men and two women, average age 30). After an 8-hour fast starting at midday, they were given the phenylalanine at 8 P.M., followed 20 minutes later by a buffet-style supper at which they could choose freely and eat and drink whatever they liked. The caloric content of all the foods was known, and the subjects’ intakes were measured, as were their CCK levels before the meal.

The study was placebo-controlled, with each subject acting as his or her own control via phenylalanine and placebo trials that were conducted in identical fashion at least seven days apart. The trial was single-blind—the researchers knew who was getting what in each session, but the subjects did not.

The results showed a significant satiety effect with phenylalanine: the subjects consumed an average of 1587 kilocalories after taking placebo, but only 1089 kilocalories after taking phenylalanine—a 31% reduction in caloric intake. There were no reports of any side effects.”

[For a Full Study Review:](#)

<http://www.ncbi.nlm.nih.gov/pubmed/8201963>

---

L-Phenylalanine is an essential amino acid that can inhibit appetite by increasing the brain’s production of the neurotransmitter NE (norepinephrine). Phenylalanine causes the brain to release the hormone CCK (cholecystokinin) which has been shown to inhibit eating. Unlike appetite suppressant drugs utilizing controlled stimulants to reduce appetite, L-Phenylalanine naturally and effectively promotes the same desired response without the stimulative and other undesirable behavioral side effects. \*

**Each capsule contains:**

L-Phenylalanine	300 mg
Vitamin C	100 mg
Vitamin B6	25 mg
Pantothenic Acid (B5)	50 mcg

**Pharmaceutical Grade and Therapeutically Dosed**

**L-Phenylalanine:** Turns into a neurotransmitter in the brain. These neurotransmitters provide feelings of joy, ambition and alertness, and have been shown to inhibit appetite.

**Vitamin C and B6:** Are catalysts required for the conversion of phenylalanine to NE by the brain, it maintains the protein collagen and gives strength to blood vessels. It's also an antioxidant.

**Vitamin B6 Pyridoxine:** Contributes to the formula as a natural diuretic and mood stabilizer. It also helps to metabolize fats and carbohydrates. B6 helps maintain the balance of sodium and potassium which regulates body fluids.

**Vitamin B5 Pantothenic Acid:** The essential part of coenzyme A, which is required for cellular metabolism. It releases energy from carbohydrates, fats and proteins. As a coenzyme, it helps in the utilization of other vitamins.

---

## Biological effects of DIUCAPS™

- Inhibit Appetite\*
- Regulate Mood\*
- Curb Cravings and Head Hunger\*
- Control Binge and Night Time Eating\*
- Enhance Mental Focus\*
- Boosts body's natural cortisone\*

**LOSE WEIGHT NOW!**

**INDIAN LAKE MEDICAL**  
*Weight Loss & Wellness*



615-822-9002

***GET STARTED TODAY!***

[www.SumnerDietRx.com](http://www.SumnerDietRx.com)